

Saxonwell Group Parish News

September & October 24



50p where sold



saxonwellchurches

www.saxonwellchurches.org.uk

Service Rota for Sep & Oct '24

Key: HC–Holy Communion, MW – Morning Worship, MP-Morning Prayers. EP-Evening Prayer, LC- Lively Church, FS-Family Service

NB/ Helen’s book Stall will be at LB 2nd Sundays

September	1	8	15	22	29
Long Bennington	10.30 MW	10.30 HC	10.30 MW	10.30 Harvest at Methodist	
Claypole	10.30 HC		10.30 HC		
Allington	10.00 HC		10.00 MW		
Stubton				10.30HC	
Sedgebrook		10.30 MP		10.30 Harvest	10.30 HC Group Service
Foston		15.00 HC		15.00 Harvest	
Westborough					
Fenton					
Dry Doddington		18.00HC			

Contacts for the Magazine

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EMAIL ADDRESS FOR ARTICLES:

Sgpnmag23@gmail.com

Copy Deadline for the November '24 issue is 12 October 2024 at 5pm.

October	6	13	20	27
Long Bennington	10.30 MW	10.30 HC	10.30 MW	10.30 HC
Claypole	10.30 HC		14.00 Harvest Festival	
Allington	09.00 HC		10.00 MW	
Stubton		6pm Harvest Festival		
Sedgebrook		10.30 MP		10.30 LC
Foston		15.00 ES		
Westborough				10.30 Harvest Festival
Fenton				
Dry Doddington				

Join a Local Church Service on Zoom

Log in using, Meeting ID: Meeting ID: 810 6571 1379 Passcode: 744328

Compline each Wednesday at 7.15pm. Evening Prayer on the last Sunday of the month at 5pm

Donations to Magazine

The magazine is produced mainly by volunteers and is paid for from adverts and donations. If you would like to donate, you can use any of the methods below:

Bank Transfer to SGPN, sort code 60-09-09 account 72118695

Cheque to SGPN posted to SGPN Treasurer, 36 The Pastures, Long Bennington, NG23 5EG

Hand to any church or PCC member

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ALLINGTON VILLAGE HALL REGULAR DATES FOR YOUR DIARY

Craft Afternoon: Monday 1.30-4.30pm. Includes quilting, model-making, cross-stitching, knitting, sewing, card making etc.

Leg, Bums & Tums: Monday 6.00-6.45pm.

Pilates: Monday 7.00-8.00pm (Term time and requires pre-booking)

Tai Chi: Tuesday 10.00-11.00am. To reserve a place email: rebtpeacock@gmail.com

New Age Kurling: Tuesday 2.00-4.30pm

Viking Squares: Tuesday 7.00-10.00pm. Come and try Social Square Dancing – beginners welcome.

Allington Morris: Thursday 8.00-10.00pm (September – April)

Yoga: Friday 10.00-11.00am

Social Afternoon: Friday 2.00-4.30pm. Open to all for conversation and games.

Church Coffee & Cake: Monday 10.00am-12 noon (Monthly)

Allington WI: First Wednesday of the month – 7.30 for a 7.45pm start.

Visitors always welcome – £5.

Grantham Danserye: 3rd Saturday 2.00-5.00pm

Carpet Bowls: Alternate Sundays 2.00-5.00pm (September – April)

For further details on the above contact Heather Nuttall on 01400 281977.

For Viking Squares contact Judy Grummitt on 01400 281497.

FORTHCOMING EVENTS SEPTEMBER

Concert by **THE WINTER SINGERS:** Friday 13th – 7.00 for 7.30pm. Organised jointly by the Village Hall and Holy Trinity Church. The Winter Singers are a close harmony mixed choir, who have performed both around the UK and abroad. They have won several competitions and also performed in the BBC Choir of the Year Competition. Tickets £6 include tea/coffee and nibbles. Tickets from Jackie (eventsatallingtonvillagehall@gmail.com), Dave Smedley, Marian Hubbard (01400 281496) or any member of the PCC.

MACMILLAN COFFEE MORNING: Saturday 28th – 10.30am-12 noon. Come and join us for tea/coffee and a slice of cake to help raise funds for the Macmillan Cancer charity. Even better for a fee of £2 enter the 'Bake Off' competition to help raise even more funds. Offers of help on the day would be appreciated along with donations of cakes and raffle prizes. Please message Jackie, on email below in bold, for further information or if you wish to enter the 'Bake Off' competition.

FORTHCOMING EVENTS OCTOBER

ALLINGTON CAFÉ: NEW MENU – Saturday 26th, 9.30am-12 noon, last order 11.15am. For the first time our October café will feature a breakfast menu. On offer will be a full English breakfast, with bacon, sausage, hash brown, fried egg, grilled tomato and beans, along with bread or toast and marmalade. Tea/coffee and orange will also be served. Please message Jackie in advance if you require a special diet, on eventsatallingtonvillagehall@gmail.com.

ALLINGTON PRODUCE SHOW: VILLAGE HALL

SUNDAY 22ND SEPTEMBER – 2.00PM

£1 entry (children under 12 free). Tea, coffee and soft drinks available.

Various classes for children and adults to enter as per the posters around the village and featured in Allington News.

Competition for two different types of cake as per the attached recipes. Please note slight changes to the fruit cake recipe featured in Allington News.

VICTORIA SPONGE CAKE: INGREDIENTS – 200g caster sugar, 200g softened butter, 4 eggs beaten, 200g self-raising flour, 1 tsp baking powder, 2tbsp milk. **FILLING:** Jam. **METHOD:** Oven temp 190° fan, 170° gas. Grease two 20cm sandwich tins and line with non-stick baking paper. Beat sugar, butter, eggs, flour, baking powder and milk in a large bowl. Divide mixture between two tins, smooth surface with back of a spoon or spatula.

Bake for 20 mins until golden and cake springs back when pressed. Spread the jam over one of the sponges and place the other on top. Dust with icing.

LINCOLNSHIRE FRUIT CAKE: INGREDIENTS – 12oz mixed dried fruit, 4oz demerara sugar, 1 large egg, 8oz self-raising flour, 7½ fl. oz cold tea. **METHOD:** Soak the fruit and sugar overnight in cold tea. Beat the egg and stir in the fruit. Add the flour and mix well. Bake for approx. 1 hour on 180° (170° fan) in a lined, greased loaf tin.

VIEW FROM THE PEW – HOLY TRINITY CHURCH ALLINGTON

PROGRESS ON OUR PROJECT: We are still on track for the start of Phase 2 of our project. The second week in September is our target to start and hoping to finish before Christmas. The church will be made available – if feasible – at times between then. Progress reports will be issued as we go along.

COFFEE AND CAKE: We continue to hold our immensely popular Coffee and Cake mornings. We are in the holiday season but our attendances remain steady. As always, our grateful thanks go to Marian and Margaret for their continued unceasing efforts. The next two Coffee and Cake mornings will be held on Monday 2nd September and Monday 7th October from 10-12 in the village hall. We look forward to seeing you all there for coffee, cake and a chat. We continue to thank all our loyal supporters who enjoy our coffee and cake mornings and always look forward to welcoming new visitors and friends. A warm welcome awaits you all.

SERVICE PLANNING.

September services

Sunday 1st September – 10.00 – Communion – Rev Stella

Monday 2nd September – New Priest Licencing Service – 7.00 – Claypole

Sunday 15th September – Morning Worship – 10.00 – Ministry Team

All services are subject to the arrival of our new Priest and may be changed.

We are holding a Harvest Service and Supper. Currently this is planned to be on Sunday 22nd September in the Village Hall, followed by a supper. This is to coincide with the Village Produce Show. We are at the planning stage so more information will be on social media, posters etc.

October services

Sunday 6th October – 10.00 – Communion – Rev Stella

Sunday 20th October – 10.00 – Morning Worship – Ministry Team

CHRISTMAS FAYRE

This will be held on Saturday 23rd November and we have booked a stall. We will be having a cake stall as usual. Donations gratefully accepted at the hall during the morning of 23rd November.

ADVANCE NOTICE - This is to just to let you know that we are planning a Christmas Tree Festival for next year (2025). More information will be coming out from March 2025 onwards but please bear in mind for your future planning. Entries will be encouraged both from groups and individuals.

ALLINGTON WI



On the 31st July we held our annual summer meal at The Welby Arms, in Allington. Everyone enjoyed their choice of food and had a good catch-up!

Then on the 8th August, we enjoyed afternoon tea in one of our member's gardens, with a variety of scrumptious cakes.

Our next meeting is on Wednesday, 4th September 2024, at 7.30 pm (prompt start), at Allington Village Hall.

Speaker: Alison Lewis from South Kesteven District Council, who will give Sign Language Demonstration. This is an Open Meeting, and all visitors are most welcome to attend, at a fee of £5.00.



At our October Meeting, we hope to produce some silk painted handkerchiefs!

2024/25 Programme below – all meetings take place in Allington Village Hall – 7.30 for a 7.45 pm start. All visitors are most welcome to attend £5.00 fee.

2024

4th September Alison Lewis, Parks and Events Community Engagement Officer, South Kesteven District Council – 'Sign Language Demonstration.'

2nd October Debbie Starr – 'Silk Painting – Paint your own silk hankie.'

6th November Members' Night.

4th December Janice Mould – '17th Century Christmas.'

2025

January No Meeting.

5th February Colin Deeley – 'History of Southwell Workhouse.'

5th March Annual Meeting.

2nd April Dorothy Gaughan – 'Food Bank/How it works.'

St Swithun's Church

HARVEST SUPPER

7.00 pm

Saturday 14th September

St James Village Hall, Long Bennington

*homecooked supper & entertainment
bar & raffle*

Tickets £ 12.00

Available from:

Beryl Holmes 01400 281437

Maureen Prothero 01400 281635

Jeanne Day 01400 282873

Tea and Chat

St Swithun's Church PCC Members

(see SaxonwelGroup Parish News for contact details)

All proceeds towards church funds



**St Swithun's Church Long Bennington
invite you to an evening with**

The Cranwell Military Wives Choir

Saturday 12 October 7.30pm

**Entrance free, but retiring cash collection will be
taken in aid of**

Church East Wall Repair Project & Military Wives Charities

Tickets required in advance via [01400 282471](tel:01400282471)



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FOSTON - DATES FOR YOUR DIARY

Foston Parish Council Meet in the Village Hall on alternate months. A 15-minute period is set aside at the beginning of each meeting from 7.30 – 7.45pm, please note the meeting will commence at 7.30pm if no residents are present. Confirm with Christina Lees on 01400 281309.

Uniform Groups Meet at the Village Hall

1st Foston Brownies

Thursdays 6.30pm - term time only.

Register interest via www.girlguiding.org.uk

Rainbows

Thursday 5.00-6.00pm

Church Coffee Mornings.

10am-11.30am on the first Wednesday of the month

Foston Coffee Morning

10am-12noon on the third Wednesday of the month

For Hall Bookings please call Richard Wynn 07579 779087 email

Richardwynn77@iCloud.com or Pam Fellows 07740 894605 email

pamelafellows@outlook.com

Foston Neighbours

Local Lunch at Foston Village Hall, from 11.30am on the second Friday of the month, and Breakfast Club at Foston Village Hall from 9.30am on the fourth Saturday of every month. For more information, please call Foston Neighbours: 07422

881448 fostonneighbours@gmail.com

ST PETER'S FOSTON – NEWS FROM THE PEWS

Services at St Peter's

We will retain our current regular monthly service rota, consisting of Evensong on the second Sunday of the month, whilst we work out the new rota with our new Revd Jon.

Here are our Services over the next couple of months for your diary:

8th September -3pm

Holy Communion 22nd September – 3pm

Harvest Service 13th October – 3pm

Evensong 10th November – 4pm Remembrance Service

The Church remains open to all, twice a week for private prayer on Wednesday (1-4 pm) and Sunday (9.30 am - 1pm). Please feel free to use the church for quiet contemplation and prayer.

Licensing Service

Revd Jon Spiers-Davies will be formally welcomed into our Benefices (Saxonwell and Claypole) on Monday, 2nd September. The Licensing Service will take place at St Peter's, Claypole at 7pm and all are welcome to attend.

Looking forward ...

September 7th September – Lincolnshire Heritage Weekend: The Heritage Trail will be available, Tower Tours and refreshments at the Church, 10am-4pm.

14th September – Open Church with refreshments to support the Ride & Stride cycle tour.

23rd September – Harvest Supper at the Village Hall. Tickets available from PCC members:

Adults - £9, Children £4.50

22nd November Wine Tasting – This hugely popular evening, hosted by our resident wine buyer, is taking place on 22nd November 2024; doors open at 7pm for a 7.15 start. Tickets are available for a donation (this enables the Church to claim additional gift aid through the tax regime), so contact any PCC member to get yours as numbers are restricted!

7th/8th December Christmas Tree Festival at the Church



Book Swap: Lots of books currently available so feel free to browse the books in the church porch, with more inside! Please take as many as you like as there are so many there! Peruse the inside shelves when the Church is open either Sunday mornings (9.30am-1pm) or Wednesday afternoons (1-4pm).



Coffee Morning: Come and join us for chat and homemade cake on the first Wednesday of the month. So many have been attending recently so it is clearly the place to be! (And thank you to you all!) Just £2.50 for all this... At the Village Hall from 10-11.30am on the following dates:
Next dates: 4th September, 2nd October, 6th November

FOSTON VILLAGE HALL CAR BOOT SALE

Sunday 22nd September 2024

Limited spaces available so register your interest now by contacting either Pam Fellows pamelafellows@outlook.com or Richard Wynn richardwynn77@icloud.com. Further details on request.

Your Help needed!

Are you able to help apply for grant funding? It's a skill which is needed to help keep the Church in good repair and improve its facilities. And anyone with technical building skills / knowledge would also be a huge help to project manage the works required. If so, please contact either Lucy Bliss or Eileen Ross. This will hugely help the PCC as these skillsets don't currently exist in the committee. If you want to see the Church continuing to stand in the middle of the village, we need your help!

And if you can't help with these skills and/or time, we need financial help – we will need to raise funds alongside any grants we are able to secure. If you would like to support St Peter's Church, you can set up either regular giving or one off donations through the following website:

www.parishgiving.org.uk and search for Foston St Peter.

Alternatively use this QR code:



Sadly, finances are needed to keep the Church running – any help is greatly appreciated! For more details for anything listed here, please contact either Jenny Bullock (tel 281611) or Lucy Bliss (mobile 07740 980689, email lucyjanebliss@gmail.com).

August 13th – Our Garden Tea Party held at Foston Village Hall Garden, was amazing with gorgeous, if rather hot, weather. This was organised by our WI members and our St Peters church, with over 50 of our villagers, friends & husbands.

The theme for the afternoon was Clean Water, with the tables beautifully decorated with flower arrangements, produced by our talented members.

The afternoon started off with tea or coffee, then we were served with strawberries and cream, accompanied with a glass of bubbly. These were followed by an invitation to choose from an amazing selection of homemade cakes, so many it was difficult to decide.

While enjoying the lovely company, relaxing in gorgeous sunny weather, we were treated to Augusta, a trained operatic singer, who sang several Folks Songs. A truly talented singer, with an amazing voice.

A raffle finished the afternoon, with numerous beautifully wrapped prizes, to choose from, which had all been donated. A lovely afternoon enjoyed by all.

Forth coming meetings -

September 10th – Speaker, Gail Talton from South Mercia River Trust, on how clean are our rivers

October 8th – Speaker, Martin Loxley on Charcuterie, the traditional way,

For further information please contact. Carole Chandler-Barratt on 07767 657745
Maggi Challis – August 2024



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LONG BENNINGTON MEDICAL CENTRE



LONG BENNINGTON
Medical Centre

Team News

We welcome Kirstie (Nurse Associate) & Sally (Practice Nurse) to the Long Bennington Medical Centre. Both Kirstie & Sally look forward to meeting you all.

Flu Invites

It's nearly that time of year again... Those that are eligible for the Flu Vaccine will receive an invite to make an appointment. Watch out for your invite, the Flu clinic will be held at the Medical Centre on Saturday 5th October 2024.



RSV Vaccine

This is a new vaccine – Those that are eligible will receive invites in due course. Some patients will need two vaccines and will receive two invites in a short space of time. Please watch out for your invite to book in.

Well-Being Walks

If you have not joined us before and are free every 3rd Wednesday of the month, then feel free to join us on one of our well-being walks. The next walk is scheduled for Wednesday 18th Sept 2024 at 11:15am from the Medical Centre. Please ensure you wear the appropriate footwear.

Well-Being Walk Leader Vacancy

We have a vacancy for a volunteer walk leader – Do you love walking? Are you active and sociable? Join our enthusiastic and friendly team. If you are interested please contact the medical centre and ask to speak to Chantelle.

FACING THE WAVES



ST JAMES VILLAGE HALL, LONG BENNINGTON
– NEXT SHOW

A brand-new show from Dogwood Productions is coming to the Hall later this year on Friday 11th October 2024. Doors open at 7pm.

Called Facing the Waves, this is a tale about our relationship with the sea, the reality of living in coastal towns and the pressures facing those who crew the lifeboats.

A story of ordinary people doing extraordinary things.

Facing the Waves is a new musical from an award-winning composer, with a cast from London's West End. It's an inspiring new production with a story and songs that will stay with you.

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Light it up!

I love driving along and seeing our local churches (Foston and Sedgebrook) lit up, as a visible reminder of God's presence in our community.

For just £7 you can have the church floodlit for an evening (8-11pm) of your choice. This might be to celebrate a birthday, celebration, or to remember someone.

Foston please contact: Lucy Bliss 01400 282661

For Sedgebrook please contact: Jenny Stuart 01949 842231



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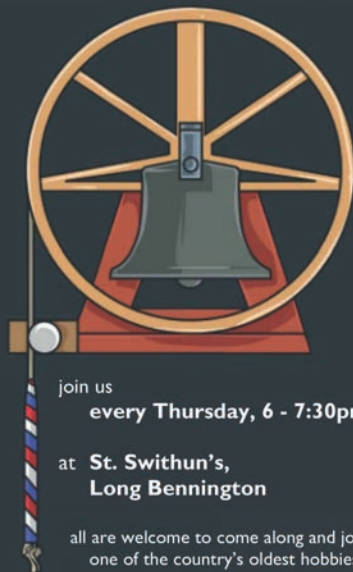
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Long Bennington – REGULAR DATES FOR YOUR DIARY

(Please also see Village Hall Schedule)

Mobile Library Service

Outside Long Bennington Village Hall Friday - 1330 - 1430.

Enquiries to Customer Service Centre on 01522 782010 or www.lincolnshire.gov.uk

Tea-n-Chat - last Friday of every month (except August). July event Friday 26th.

Long Bennington Coffee Morning

The Reindeer every Thursday at 10.30am. Coffee/tea and biscuits £3. All welcome.

Methodist Coffee Morning Please join us every 3rd Saturday in the month, in the Methodist Chapel for coffee, cake and a chat.

The Chatty Café

Meeting every Thursday afternoon 1.30 – 2.30 in Baker's at Sixty-Two – Main Road, Long Bennington. The Scheme is a national initiative aiming to reduce loneliness by getting people chatting. The group is hosted by two Chatty Cafe Scheme volunteers each week. Contact Mary Barlow marybarlowhello@gmail.com or tel: 07885 639091

Long Bennington Afternoon House Group—All are welcome. We meet alternate Mondays at 2.30pm at 76 Main Road. For more details please contact Joy Jordan on 01400 281355.

St Swithun's Church Open The church will be open everyday between 10am and 4pm.

Book and Card/Gift Stall

Second Sunday each month there will be a stall in St Swithun's church, selling books, cards and small gifts, run by Helen Baker from Claypole. Come and have a look for that special card or an uplifting spiritual book and have a chat and coffee/biscuits around 11.30am to 12 noon (following the 10.30 service).

Long Bennington Pre-School A registered charity offering a safe, secure and warm environment to educate your child. Qualified, experienced staff will support your child to reach their full potential. Based in the small hall at Long Bennington Village Hall we are open Monday to Friday 9.00am - 3.15pm during term time. Funding is available for all 3- & 4-year-olds including the FREE 30 hours offered to those who are eligible. 15 hours funding also available for eligible 2-year-olds, alternatively it is £4.5 per hour for fee paying parents. For more information or to arrange a visit call Julie on 07816 537242 or email longbenningtonpreschool@gmail.com



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Sunday 11:00 – 4:00



Long Bennington – Village Hall

When	Class/Meeting	Time	Hall	Contact
Mon wkly	Advanced Pilates	10:30 – 11:30	Main	Linda Brady 07850 618516
Mon wkly	Beginner to intermediate Pilates	11:45 – 12:45	Main	Linda Brady 07850 618516
1 st Mon mthly	Parish Council	19:00 – 21:00	Small	Jane Evans 01400 282716
2 nd & 4 th Mon	Rotary Club	19:00 – 20:00	Bar	secretaryLBR@oulook.com
Tues wkly	Bennington Art Group	10:00 – 12:00	Foyer	Margaret Butcher 01400 281935
1 st Tues mthly	WI	19:30 – 21:00	Main	M Butcher 01400 281935
17 th September, 22 nd October	Wine Club	19:00 – 21:00	Bar	Raj Solanki raj@libradrinks.co.uk
4 th Tue mthly	Gardening Club	19:30 – 21:00	Main	Amy Hodson amyhodson4@gmail.com
Weds wkly	Post Office	09:00 – 12:00	Foyer	
Thurs wkly	Post Office	13:00 – 15:00	Foyer	
Thurs wkly	Adult Pilates Suitable for all levels	17:15 – 18:15 & 18:30 – 19:30	Main	Amanda 07967387969 https://www.corestrengthpilatesuk.com
Fri wkly	Adult Pilates -all levels	09:30 - 10:30	Main	Amanda As Above
1 st & 3 rd Fri mthly	WI craft group	1030 - 12:30	Bar	Sue Clarke 01400 282986
Last Fri mthly	Tea and Chat	14:00 – 16:00	Main	Hilda Owen 01400 282471 ejanecowley@aol.com
Sun 1 st Sept & Sun 6 th Oct	Electric Jive Tea Dance	15:00 – 19:00	Main	Sally 07730269969 theTramp@justAbeginner.com
Sat 7 th Sept	LB Gardening Club Summer Show	9.30-16.30	Main, Bar	Amy Hodson amyhodson4@gmail.com
Saturday 14 th Sept	Harvest Supper	16.30-19.30	Main, Bar	Jane Cowley ejanecowley@aol.com
Friday 11 th October	FACING THE WAVES	19.00 - 22.00	Main,Bar	New musical Drama by Dogwood Productions see longbenningtonvillagehall.org/events for details
Saturday 12 th Oct	Family Adoption Event	9.00-15.00	ALL	Lincs County Council 07983 675875
Sunday 20 th Oct	Eclectic Soul Sunday	17.00-21.00	Main, Bar	Avril Breheny avrilenergy@gmail.com 07831 113121
Friday 25 th Oct	Hallowe'en Disco	16.00-19.30	Main, Bar	Julie Knapton Butler longbenningtonpreschool@googlemail.com 07816 537242
Sunday 27 th Oct	1940's Afternoon Tea Dance	13.00-16.00	Main	Paul Bull paul_bull247@hotmail.com 07854 914550



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ST JAMES VILLAGE HALL, LONG BENNINGTON – VOLUNTEERS NEEDED

You may be unaware that the Hall is run by a team of volunteers, who make up the Village Hall Management Committee.

We are a registered charity and are largely self-funded. We work closely with the Parish Council, who cover most repairs to the fabric of the building. However, the upkeep and improvements are the responsibility of the Committee.

If you are a resident of Long Bennington and would like to ensure the future stability and indeed, the existence of the hall, you would be warmly welcomed to join us. Without more active volunteers, we will be severely limited in the number of events for the village and surrounding areas we can support.

We meet once per month for a couple of hours -the next meeting will be Wednesday 11th September at 7.30 p.m

Call us on 07816 267 927 or email us at bookings@longbenningtonvillagehall.org if you are interested.

For more information on the Hall visit our website:-

www.longbenningtonvillagehall.org and/or join our Facebook page:- Long Bennington Village Hall (aka St James Hall) <https://www.facebook.com/groups/820082729967125>

LONG BENNINGTON NEWS FROM THE PEWS

Those of us who love the Olympics recently witnessed the glory and joy of winners of medals, but also the tears of those who under-performed or came so close but then lost out to rivals.

Either way, Paris 2024 was riveting viewing for many. The Apostle Paul, who wrote much of the New Testament section of the Bible lived in the decades following the crucifixion of Jesus. In his texts, he often used analogies and illustrations from the society he lived in, particularly with reference to sport. For example, he refers to running a race (of life), of training with self-discipline, of running to win a prize, of fighting a good fight.

All these metaphors are to get across the qualities that a Christian should strive to acquire – living a life of purpose, discipline and commitment, but also of hope of glory. If Paul was writing today, I have no doubt he would be ‘glued’ to the Olympics, and he would have been inspired by the dedication of competitors who have sacrificed much and trained with total dedication over many years. He would get across that the competitors willingly do what is required in order to achieve their goal of Olympic success. In the same way, we should live our lives with that same level of commitment.

Paul would also highlight the difference between following Jesus and seeking the Olympic crown: “All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So, I run with purpose in every step” 1 Corinthians 9 v25. The Good News of Jesus says that everyone who commits to a life with Him is guaranteed the Gold Medal: eternal life; and unlike the Olympics, everyone is invited to the Race of Life.



*St Swithun's Church
Long Bennington*

Many thanks to all of you - both individuals and local organisations (including the Parish Council, Co-op and Rotary Club) - who support our village church through your giving and donations. Thank-you also to those who sponsor or support our sociable fund-raising events – which we aim to make enjoyable for all attending. Many may not realise but these are the main ways we fund church mission, building repairs and all our running costs, including churchyard maintenance. The only other money received comes from special service fees (weddings and funerals).

We get no funding from anywhere else – unless we are fortunate enough to be successful in applying for grants for specific major repairs and these are increasingly difficult to achieve.

We are always grateful for donations, no matter how small - either single or regular ones. Under the government's Gift Aid Small Donation Scheme (GASDS) we can claim 25% gift aid on a certain number each year of cash or card donations up to £30 without Gift Aid declarations – which is also helpful. So, look out for our new card machine in church – which is easy to use for contactless donations. These are other ways you can donate:

By online bank transfer: Account Number: 50110357 Sort Code: 05-04-42

Through our 'Give a Little' page (see QR Code)

By cheque addressed to: Long Bennington PC



A couple of dates for your diary:

- Saturday 14th September: Annual Harvest Supper, in the Village Hall.
- Saturday 12th October: D-Day Anniversary Concert by The Cranwell Military Wives Choir, in the Church.
- Dec 14th - Grantham Choral Society Christmas Concert.

Church Open

The church is now being unlocked by a team of volunteers between 10am and 4pm every day, for you to go in and spend some quiet time or to see and read about the history of our lovely church.

Churchyard Maintenance Volunteers

If you would like to volunteer to help (physically or financially) with the churchyard maintenance, here are some ways that you could get involved:

- Adopt -A-Grave (or two!) – Many of the graves in the main churchyard are old and no longer have relatives to visit and maintain them. If you would like to choose a grave, or a group of graves to look after (within the regulations of the churchyard), please contact Jill or Joy with the Name(s) on the and a rough location.
- Be part of a voluntary working group to be responsible for the maintenance of a designated section of the churchyard. You could do this as a couple, with a group of friends, alone or put your name forward to join a group.
- financial contributions (monthly or annually) towards cost of a gardener. The church spends £3500 each year on churchyard maintenance and apart from a grant of £1000 from the parish council, this must be financed from local donations.

The bank details for contributions: Sort code: 05 04 42 Account code: 50110357 Account name: Long Bennington Parochial Church Council.

Is your Home Insurance renewal due soon?

You could help St Swithun's Church in Long Bennington raise much needed funds for on-going repairs to our beautiful Grade 1 listed building. Ecclesiastical Insurance is one of the UK's most trusted insurance providers and is committed to making a positive impact on society.

As part of their Trust130 initiative they are offering £130 to local churches for each new home insurance taken out with them before 31 December 2024. Ecclesiastical Insurance have won many awards and accreditations including Which Best Buy.

If you do decide to take out home insurance with Ecclesiastical please mention that you wish to nominate St Swithun's PCC Long Bennington as part of the Trust130 project.

ROTARY CLUB

Last year's Party in the Park sponsored an international project to improve the education of girls in The Gambia. We purchased material and had it shipped to a school near the capital Banjul. There it has been made into reusable sanitary pads so that their schooling is now on a full-time basis without a week's gap every month. They can complete their education and lead a fuller adult life and make a bigger contribution to the economy of their country. The material is made into pads by pupils (boys and girls) and is sufficient for over 600 girls for five years. It has taken time for this to happen but is now active and on-going.



In August we, as a club, take a break from planning to reflect on what we have done over the past year and to enjoy social gatherings such as a barbeque at a member's house, and a relaxing bar evening with the wider Friends of Rotary. 2024/25 will not end in a Party this year, but there will be events to bring our communities together such as discos, bingo, a pop music quiz -dates to be announced- and a revival of the New Year's Eve Celebration in the village hall.

Don't get your glad rags on yet but mark this one in your diary (the secret is in the title) – we have a history of SELL OUT events!!!

We are always on the hunt for new ventures in LB as well as looking for opportunities in our surrounding villages. I'm sure you have thought about suggesting something that will bring benefit, and also raise funds that enable us to give back to our community. Local, national or international. What have we missed that you can put forward?

The best way is to think about what Rotary can offer to you and what you can offer to Rotary. We are a service and network organization that is inclusive of all ages, genders, family status, occupation or none, (but with talents that can be usefully employed) with a fully flexible contribution of time. Get in touch, and if you can match our mission, you could find that your skill set, and your energy can be put to great use for mutual benefit. hello@lbrotaary.co.uk

ARTISTS OPEN DOOR 2024



Saturday 7th Sept & Sunday 8th Sept, 10am to 4pm.

Six different artists will exhibiting their work at two different locations in Long Bennington.

11 The Meadows: Kate Hounscome - art deco posters, Mark Hodson - metal sculptures & Kate Sell - glass mosaics.

The Priory, 69 Church St: Roger Lee - sculptures, Carole Lee - fashion design & Venessa Stone - cut paper collages.

There will also be a plant sale. Admission is free and dogs are welcome on a lead. For more information: markhodson4@gmail.com or markhodsongardensculptures.wordpress.com

LONG BENNINGTON WI



There was no WI meeting in August as we take a summer break, but we hold several individually hosted WI Summer Garden Parties and a fun day out to Yorkshire including a canal trip and afternoon tea.

If you are interested in joining our friendly WI, please contact Margaret Butcher on 01400 281935

BEAT THE SCAMMERS

Let's look this month at the requests from banks to provide a second level of security. When we make online payments, we are often being asked to confirm the payment by obtaining a code which is emailed/texted to us, or by going in the relevant bank app and confirm the payment.

If a scammer gets hold of our phone and payment cards, they can take, the generally unsecured SIM card, out of our phone and put it in theirs. The text message with the confirmation code is now send to their phone and the scammer can have fun spending our money.

- Tip 1: Please do not keep your mobile phone and credit/debit cards in the same place when out and about.
- Tip 2: Why we all are guilty of using the same password for many accounts, please make sure you use a unique and complex one for your payment cards and financial accounts.

LONG BENNINGTON PARISH COUNCIL

The Parish Council had its last meeting on 5th August at St James's Hall.

WITHAM MEADOW – the Parish Council was informed of a concerning incident of a dog, in an adjacent garden, being attacked by a dog being walked off the lead and not under control in Witham Meadow. Sadly, the dog was not able to survive the awful injuries. Considering this, and to keep users of Witham Meadow safe, the Parish Council has made the decision to ask that dogs are always kept on the lead.

THEFT OF TRACTOR/MOWER – the insurance claim has been settled and replacement tractors are being considered. Improved security is being discussed and it has been agreed to keep a replacement tractor safely off site.

PLANNING – the Parish Council has highlighted to SKDC that one of the planning conditions, relating to the development near the Playing Field, has not been adhered to. The developer has not yet fulfilled a condition of sanction to install a pedestrian refuge close to Kirtons Lane. We understand this is now in hand and plans are being submitted to Lincs CC Highways along with the required fees.

Next Parish Council meeting dates are Monday 2nd September and Monday 7th October 2024. As always, if you have any issues or concerns you wish to raise with the Parish Council, please contact me on 01400 282716 or email parishclerk@longbenningtonparishcouncil.org
Jane Evans Parish Clerk

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**Saxonwell Group of Churches
St Swithun's Church Long Bennington**

ALL SOULS SERVICE OF REMEMBRANCE

Sunday 27th October at 3pm

You are welcome to join us for this quiet reflective service to remember loved ones, whose names are read out and a candle lit in their memory. If possible please provide names to Joy in advance.

If you are unable to attend but would like your loved ones' names read out, please give details to Joy Jordan by 20th October (joy.g.jordan@icloud.com. Tel. 01400 281355. Mob 0789 9900352.)



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LONG BENNINGTON GARDENING CLUB (VPA)

SUMMER SHOW

Saturday 7 September 2024 in St. James's Village Hall

The Summer Show represents the culmination of the gardening year and is free for all to enter. Doors open at 8.30 am for entries to be staged by anyone who would like to have a go. There are over 70 classes to enter including Preserves and Pickles, Baking, Flowers, Fruit and Vegetables as well as Children's Classes. The full Schedule will be available to view on the website in early August.

Doors open again from 3 pm, after the judging has taken place, to view the results. There will also be cakes and hot drinks on sale as well as a raffle. The presentation of the awards will be around 3.45pm. Do come and visit and enjoy our wonderful display of Summer. longbenningtongardeningclub.com

LONG BENNINGTON METHODIST CHAPEL

Dear Friends,

I sat yesterday evening, after evening service, sharing a picnic with my wife by the Trent in Fiskerton. It was the coolest part of a very warm day, and the still cloudless sky was paling as the sun, sinking slowly to its rest filled it with golden light as it. A combine was harvesting the crop from the large field on the other bank, making the most of the light


to bring in the drying grain, with the tractor and trailer coming to offload its precious cargo alongside, the harvester barely stopping in its tracks. A reassuring, and hopefully profitable, end to the season's work.

Probably in part because I have spent all my life working on the academic year calendar, both in education and in The Methodist Church, this has always been my "new beginnings" time of year. I even get a new academic year diary to plan my way through clean pages, hating the first cancellation or error that spoils the neatly written appointments of the new year. Just as all the harvests are reaching their climax and the natural world is preparing to hunker down against the cold, we start our cycle of meetings and activities all over again. Sometimes it feels quite bizarre and out of kilter.

I find September a mixture of melancholy and hope, reminding me always of fresh exercise books, with the errors and messiness of past tasks swept away. In the film *You've Got Mail*, Tom Hank's character muses about the sights and scents of New York in the Fall and says, "It makes me want to rush out and buy school supplies," adding, in his email to Meg Ryan's character, "If I could, I would send you a bouquet of sharpened pencils!" It always fills me with a sense of wistful hope for better things. I cannot, at this turn of the year, send you bouquets of sharpened pencils either, but I can send you my best wishes and blessings for all that you will attempt to do and be, along with my prayers that you will know God's love and strength, his wisdom and guidance, his companionship and compassion in all your circumstances.

Life may have many challenges for us in the coming year, as well as joys and successes. Whatever may come, let's be encouraged by John Wesley's experience, summed up in his statement, "Best of all, God is with us!"

Grace and peace,



David H. Bonny

LONG BENNINGTON BOWLS CLUB

WELCOMES NEW MEMBERS

If you would like to try your hand at bowls then please contact us, using the details below, to arrange a visit

The green is open from mid-April to mid-September

You will be made most welcome



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WHAT'S HAPPENING AT THE METHODIST CHAPEL?

Sunday Services

All services can be viewed on the notice board outside the Chapel.

All our services start at 10.30am unless otherwise notified. Everyone is welcome.

Harvest Service This year's Harvest Festival Service (combined with St Swithuns at the Chapel) will be on Sunday 22nd October starting at 10.30am, everyone is welcome to attend. All donations from this year's service will be going to the Food Bank – Newark

Knitting / Craft Group Anyone interested in knitting, sewing, embroidery etc. would be very welcome to come along on a Monday morning from 10.30am to mid-day. There is a nominal entry fee of £2.50 to cover the heating costs and refreshments.

Games Afternoon Are you looking for a little fun, come and join us on the 2nd and 4th Wednesday of each month when we get together to play board games and have tea (or coffee) and chat. We are always looking to welcome new participants so if you have a competitive streak, we look forward to seeing you. There is a nominal entry fee of £2.50 to cover the heating costs and refreshments. Activities start at 2.00pm

Coffee Mornings Our next Coffee Morning will be held on Saturday 21st September, starting at 10am so come along and join us when there will be homemade cakes for sale, a raffle and wonderful Nearly New Stall which is always full of exciting items and great gift opportunities. Entry costs £2.50 for bottomless tea or coffee and plenty of biscuits.

Advance notice: The Coffee morning for October will be start at 10am as usual on Saturday 19th October

Food Bank - Newark Here at Long Bennington Methodist Chapel and in conjunction with other chapels in the local circuit, we support the work of The Trussell Trust and their Food Bank initiative to 'Stop UK Hunger.' If you would like to make a donation of non-perishable, in-date food, please bring it along to any of our monthly coffee mornings and we will be pleased to make sure it gets to those in need in the Newark area through the local Food Bank branch.



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SEDGEBROOK SOCIAL CLUB REGULAR DATES FOR YOUR DIARY

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Knit and Natter: Tuesdays, 2.00pm-4.00pm
RuffDiamonds Dog Training: Tuesdays, 6.00pm
RuffDiamonds Dog Training: Wednesdays, 6.00pm
Pilates with Alice: Thursdays, 7.30pm (except dates below)
Parish Council Meetings: 7.00 pm 5th September and 14th November.
Club Bar Open: Fridays 6.00pm til close
RuffDiamonds Dog Training: Saturdays 10.30am
Club Bar Open: Sundays 1.00pm-4.00pm
Heritage Group Meetings: Sundays Monthly at 3.00pm on the 4th Sunday in the Church.

Membership Fee for 2024 is £15 per person. (Under 18s free)

We are always looking for new committee members, if you are able to help, please let us know.

The club is available for hire for private parties, social gatherings and regular events. Please contact Alan Cook Mob.07963553835 email sedgebrooksocialclub@hotmail.co.uk

ST LAWRENCE SEDGEBROOK – NEWS FROM THE PEWS

Church and Museum open daily 10am-4pm

Heritage Group meets monthly 4th Sunday in the Church 4pm

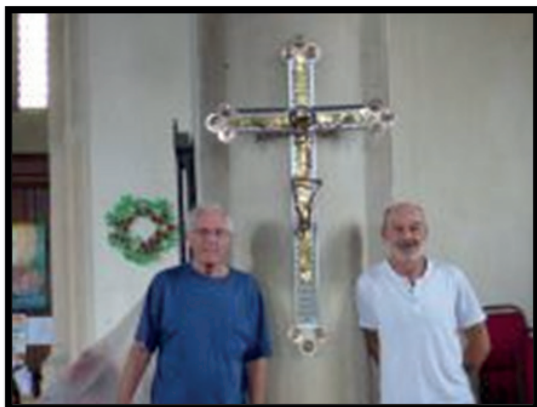
Community Library and Jigsaws, Recycling for aluminium cans and ink cartridges

Monthly Lively Church, Monthly Morning Prayer
Grantham Food Bank collecting point

Teddy Bear's Picnic Children's Book set in St Lawrence Church available for £5 per copy

EXCITING ACQUISITION FOR ST LAWRENCE CHURCH

We were delighted to receive this beautiful cross made by Paul Cox from salvaged materials. As well as a work of art, the cross speaks of God in technology and that both ancient and modern can coexist in harmony in our church and worship.



AFTERNOON TEAS - the final afternoon tea for the year takes place in church on Thursday 12 th September at 2pm with proceeds for Marie Curie Cancer Care. We would be grateful for any cakes or raffle prizes in support of cancer care.

LINCOLNSHIRE HERITAGE OPEN DAY –Saturday 14 th September 10am-4pm. This year's Heritage Open Day centres around Routes, Networks and Connections. Tea/coffee and cake will be served in church.

HARVEST FESTIVAL AND LUNCH – 22 nd September at 10.30am
Our traditional harvest festival will be followed by a light lunch and all are welcome.

SEDGEBROOK BIDS FAREWELL TO POSTMAN TIM SHARP

Villagers turned out in force to see our popular village postie. Sam Wade read a poem she had created before inviting Tim to open his last post-box in Sedgebrook – where all the mail was for him!

There were cards and a generous cheque. He also received a post-box-themed birdbox and there was a celebration cake made by Ann McNeish along with a lavish buffet supplied by villagers. We'll miss you Tim, but a big welcome to Aaron who has taken over Tim's round.



WORK ON THE CHURCH

We have received the faculty to proceed with minor repairs to the roof of the church and timely progress is being made with getting the new heating system organised before winter sets in.

Our thanks to Alan Cook for all the work he has done to make this happen.

VISITORS FROM AFAR

We have enjoyed meeting the Bee family from America and Hertfordshire who met with Elisabeth Carnell to find out more about Chestnut Farm. Alan Cook arranged for John, Sandi and Ron Bee to visit Chestnut Farm, home of their Great-Grandfather 1905 - 1918. Our thanks to Rachel for showing them round Chestnut Farm at short notice. The house is being faithfully and lovingly restored to its former glory.

Elisabeth Carnell, museum archivist spent time showing John and Ron the documents researched on the Bee family's time in Sedgebrook. John Bee's family lived in Sedgebrook at the beginning of the 20th century and his mother and father were christened in the church. They are the latest in a number of visitors who have come seeking information and have been delighted by the information Elisabeth found out for them.



SERVICES IN SEPTEMBER AND OCTOBER

For those wishing to attend a service of Holy Communion, there is a service at Holy Trinity, Allington at 10am on the first Sunday of the month.

St Lawrence, Sedgebrook:

- Sunday 8 th September 10.30am Morning Prayer
- Sunday 22 nd September 10.30am Harvest Festival
- Sunday 29 th September Group Communion Service
- Sunday 13 th October 10.30am Morning Prayer
- Sunday 27 th October 10.30am to be announced



Here is the QR code for the Parish Giving Scheme. It can be used for one off payments or setting up regular donations. Once scanned it will take you through the 3 steps to enable a donation to be made.

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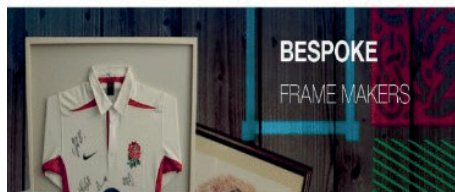
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Lay Reader Jenny Stuart jenny.stuart@outlook.com 01949 842231
Retired Priest Rev. Stella Langdon-Davies
Authorised Lay Ministers Sylvia Andrews, Joy Jordan and Colin Sedgewick
Parish Administrator Davina Tyler saxonwellparishes@gmail.com

CHURCH CONTACTS

St Swithun's, Long Bennington
Church Warden Bridget Rosewell 07836 215181
Treasurer Jane Cowley 01400 282691
Church Flowers Beryl Holmes 01400 281437
Safeguarding Officer Eileen Ross 01400 281932

St Peter's Foston
Church Warden/Treasurer Andrew Blanchard 01476 979515
Safeguarding Officer Eileen Ross 01400 281932

Holy Trinity Allington
Church Warden Chris Dicken 01400 281524
Treasurer Bob McKinlay 01400 281671
Safeguarding Officer Marian Hubbard 01400 281496
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mob. 07747022272.

Treasurer Ian McKay 01949 843691
Flowers Geraldine Statham glendogs@aol.com

Long Bennington Methodist Chapel
Steward Eileen Eggleston 07531 160197
Treasurer Kathryn Wood 01400 281489

COMMUNITY CONTACTS

Parish Council Clerks
Jane Evans (Long Bennington) parishclerk@longbenningtonparishcouncil.org
Mon 10:30-12:30 at Village Hall Tel:01400 282716
James Stanley (Foston) clerk@fostonpc-lincs.org 01522 889737
Jane Morton (Allington) parish.clerk@allingtonpc.org.uk
Jane Bratton (Sedgebrook) clerksedgebrook@gmail.com 01476 577175
Ted Bates (Chair) Long Bennington Charities 01400 281853

Village Halls: Booking Secretaries

Allington— Heather Nuthall Secretary - secretary.allingtonvillagehall@gmail.com
Bookings - bookings.allingtonvillagehall@gmail.com
Foston— Pam Fellows -07740 894605 email pamelafellows@outlook.com or
Richard Wynn 07579 779087 email Richardwynn77@iCloud.com
Long Bennington—Longbenningtonvillagehall.org.uk—07816 267927
Sedgebrook—Alan Cook— 07963553835

Other Useful Contacts

Long Bennington Medical Centre- 01400 281220
Foston book group Lucy Bliss - lucy.painter@opalhr.co.uk—01400 282661
Long Bennington book group—Moire Barnabas - 01400 283313
Long Bennington & Local Villages Rotary Group SecretaryLBR@outlook.com
Long Bennington Girl Guides—Mon 7pm-8.30pm—www.girlguiding.org.uk
1st Foston Brownies Thursdays - 6.30pm - 1stfostonbrownies20@gmail.com
Village Hall
Rainbows Thursdays - 5-6pm 1stfostonrainbows20@gmail.com—Village Hall
Scout Group Gorrie Hall, Chapel Lane, Foston
Beaver Scouts Mondays- 6:30-7:30pm Adam Lashbrook
foston.beavers@gmail.com
Club Scouts Wednesdays—6:30-8pm—Claire Collier 01636 626097
Scouts Thursdays—7-9pm—Les Romans 01400 281217
Explorer Scouts -Mondays—7:45-9:30pm—Jenny Wyn 01400 282301

Women's Institute: (each meet monthly in their local village hall)

Allington—1st Wed 7:45pm—Margaret Dicken— 01400 281524
Foston—2nd Tuesday 7:30pm—Carole Chandler-Barratt- 07767 657745
Long Bennington—1st Tuesday 7:30pm—Margaret Butcher- 01400 281935 Email:
margaret23butcher@btinternet.com

LB Playing Fields: Booking Manager—Gemma Walker—07946 176034
Management Committee—Mike Manley—01400 282731
Long Bennington Toddler Group—Becca Thirtle—07545 491267
Long Bennington Pre-School—longbenningtonpreschool@googlemail.com 07816
537242
Bowls Club—Peter Fordham—07701059943 email nettyfordham@gmail.com
Friendship Group—Nicola Thorpe—07904 182752
Junior Football Club—Steve Rowley—07909 857441
Twinning Association—Margaret Butcher – 01400 281935
Village Produce Association—Bev Gledhill—01400 282239hello@lbrotary.co.uk
Writing Group—Shirley Lynn—07726 334280
LB Rotary Club- hello@lbrotary.co.uk Foston Neighbours - 07422 881448
fostonneighbours@gmail.com



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