

Service Rota for November 2024

Key: HC-Holy Communion, MW – Morning Worship, MP-Morning Prayers. EP-Evening Prayer, LC- Lively Church, FS-Family Service

NB/ Helen's book Stall will be at LB 2nd Sundays

	3.11.24 4 b/Advent	10.11.24 3b/Advent	17.11.24 2b/Advent	24.11.24 Christ the King
Hub Churches		•		•
Long Bennington	10.30 MW	Remembrance Methodist 10.15	10.30 MW	10.30 HC
Claypole	10.30 HC	Remembrance 10.30		
Community Churches				
Allington				
Stubton				
Sedgebrook		Remembrance 10.30	10.30 HC	10.30 LC
Foston		Remembrance 4pm		
Festival Churches				
Westborough				
Fenton				10.30 HC
Dry Doddington	_		_	

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Sgpnmag23@gmail.com

Copy Deadline for the Dec/Jan '25 issue is 12 Nov 2024 at 5pm

Join a Local Church Service on Zoom

Compline each Wednesday at 7.15pm.

Evening Prayer on the last Sunday of the month at 5pm

Log in using:- Meeting ID: 810 6571 1379 Passcode: 744328

Donations to Magazine

The magazine is produced mainly by volunteers and is paid for from adverts and donations. If you would like to donate, you can use any of the methods below:

Bank Transfer to SGPN, sort code 60-09-09 account 72118695

Cheque to SGPN posted to SGPN Treasurer, 36 The Pastures, Long Bennington, NG23 5EG

Hand to any church or PCC member

From the Vicarage

As we continue to forge our new identity together as one church of nine West Loveden communities, it's inspiring to reflect on the possible origins of that very unique name: Loveden. This name suggests that our forebears shared a desire for connection all those centuries ago. The suffix "den" is, apparently, the Old English for "valley," and is often used to indicate a notable feature of the landscape: like a small hill. The prefix "love" seems to most likely originate from words like "lufu" or "leof," meaning loved, beloved, or pleasant.



Evidence suggests that Loveden Hill was a Wapentake, where local people could come together to make decisions and settle disputes peacefully. Throughout history, places like Loveden Hill have been created by those who recognised the importance of sites of reconciliation and community gathering. Uniquely for this area, the name may have put residents in mind of what was referred to as a "loveday," a tradition of having a day set aside for peaceful resolutions. This aligns with our aspirations as a modern church community—to cultivate an environment of support, understanding, and mutual aid.

It's exciting to think that, as we grow more like our Saviour, Jesus, we also honour the legacy of those who came before us, who also wanted to create space for mutual support and shared life together. Let us draw inspiration from their commitment to making West Loveden a place of love and togetherness.

In a world often divided, we are called to embody these values, inviting others into fellowship and service to God's glory. May our little corner of the world continue to be a valley of love—an inviting place for all who seek comfort, support, and grace. Revd. Jon Speirs-Davies

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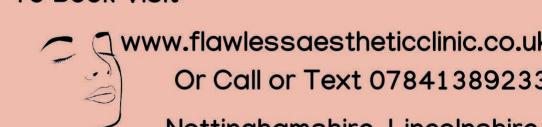
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ALLINGTON VILLAGE HALL REGULAR DATES FOR YOUR DIARY

Craft Afternoon: Monday 1.30-4.30pm. Includes quilting, model-making, cross-stitching, knitting, sewing, card making etc.

Pilates: Monday 7.00-8.00pm (Term time and requires pre-booking)

Tai Chi: Tuesday 10.00-11.00am. To reserve a place email: rebtpeacock@gmail.com

New Age Kurling: Tuesday 2.00-4.30pm

Viking Squares: Tuesday 7.00-10.00pm. Come and try Social Square Dancing – beginners welcome.

Allington Morris: Thursday 8.00-10.00pm (September – April)

Yoga: Friday 10.00-11.00am

Social Afternoon: Friday 2.00-4.30pm. Open to all for conversation and games.

Church Coffee & Cake: Monday 10.00am-12 noon (Monthly)

Allington WI: First Wednesday of the month – 7.30 for a 7.45pm start.

Visitors always welcome - £5.

Grantham Danserye: 3rd Saturday 2.00-5.00pm

Carpet Bowls: Alternate Sundays 2.00-5.00pm (September – April)

For further details on the above contact David Smedley onchair.allingtonvhmc@gmail.com. For Viking Squares contact Judy Grummitt on 01400 281497.

FORTHCOMING EVENTS NOVEMBER

A Night at the Races – Saturday 9th November, 6.30 pm for first race at 7.00pm. Come along and join in the fun of cheering your horse on. Entrance just £2.00 by ticket purchased in advance by either contacting Jackie Willis on eventsatallingtonvillagehall@gmail.com or David Smedley on chair.allingtonvhmc@gmail.com. Nibbles supplied but bring your own bottle. See further details on the posters around the village and also on Facebook.

Christmas Market – Saturday 23rd November, 2.00-4.00pm. You are invited to join us at our annual market, with stalls selling a wide variety of items. These include gifts, bric-a-brac, glassware, cards, plants & flowers, bakery, fabrics, knitted and crocheted items, plus a Raffle and Tombola. Donations of Raffle and Tombola prizes will be most welcome along with help on the day. Entry £1 (children free), refreshments will be on sale. If you wish to donate a prize or offer your help, please message Jackie Willis on the email above.

DECEMBER: Village Christmas Party – Saturday 7th December 7.00pm-11.00pm. Join us in the festivities at our final event of 2024. Hot food served with a choice of mains and puddings, followed by music and dancing to Gordon's Disco. Bring your own drink. Lucky person will win a hamper from the number drawn on their admission ticket. Tickets £10.00 from Jackie or David on above emails.

ALLINGTON MACMILLAN COFFEE MORNINGS

For the second year running the Village Hall and Holy Trinity Church gave a joint donation to the Macmillan Cancer Charity from their very successful Coffee Mornings. There was a full house for the hall Coffee Morning on the 28th September, raising a total of £560.41, which included a raffle, competition entries and donations. The 'Bake Off' competition, judged by Mary Whittington and Chris Baron, was won by Mike Mould's Banana Cake, with David Smedley's Iced Ginger Cake placed second.

The Church Coffee Morning was held in the Village Hall on the 7th October. It was a morning of friendly chat and laughter with some delicious cakes on offer along with a raffle (see attached photo). The total amount raised was £249.70, giving a very creditable grand total of £810.11 to donate to Macmillan. Thanks go to everyone who baked cakes and helped at the Coffee Mornings, the 'Bake Off' judges, those who donated raffle prizes, and everyone who came along to help make both mornings such a success.



VIEW FROM THE PEW – HOLY TRINITY CHURCH ALLINGTON

PROGRESS ON OUR PROJECT

Phase 2 has started. The first job is to repair and relay the floor area at the back of the church as you go in the door. Existing flags will be recycled as far as possible. There will be a new purpose-built ramp with flat access to the Church. We will keep you updated with progress reports as we go along.

COFFEE AND CAKE

The next two Coffee and Cake mornings will be held on Monday 4th November and Monday 2nd December from 10-12 in the village hall. We look forward to seeing you all there for coffee, cake and a chat. Our October coffee morning raised funds for Macmillan which we gave to the village hall to add to their total from their recent Macmillan coffee morning. A total of over £800 was raised for Macmillan by the Church and Village Hall.

We continue to thank all our loyal supporters who enjoy our coffee and cake mornings and always look forward to welcoming new visitors and friends. A warm welcome awaits you all.

SERVICE PLANNING.

We are sorting services with Rev Jon at present and as soon as we have some firm dates we will publish on social media and put a notice on the Church Gate. Currently we are hoping to hold the following Christmas services:-

Friday December 13th -Family Carol Service, Allington, 7.00pm Christmas Day - Communion Service, Allington at 10.00am

WINTER SINGERS CONCERT

On the 13th of September, the Village Hall and Holy Trinity Church, jointly hosted a concert by the Winter Singers. Around 60 people attended and the money raised was equally shared between the Village Hall and the Church. It was a wonderful evening with a varied programme of singing which performed by the choir as a whole and several talented soloists. The programme included songs from popular shows and musicals, church music. There was something for everyone to enjoy.

A raffle was held during the interval and those attending were able to help themselves to crisps and nuts, tea and coffee.

Our grateful thanks go to all who bought tickets and supported us in what was a very uplifting and enjoyable evening."

FUTURE EVENTS

We need to see how long the building works will take but we are planning a grand opening event sometime after Christmas where everyone can come along and see what improvements have been made.

ALLINGTON WI

105 YEARS OLD AND STILL GOING STRONG



On 4th September Allington WI was very proud to be presented with their 105th Anniversary Certificate by Trustee, Pepi Blankley.

Following this presentation members enjoyed a very interesting and informative demonstration of Sign Language by Alison Lewis, Parks and Events Community Engagement Officer, at South Kesteven District Council, who uses British Sign Language and lip reading, and only speaks when she is communicating to hearing people.

Sign language has a rich and fascinating history.

When babies and children, we point and grab to communicate what we want, and, as adults, our hands and faces communicate a lot of meaning. Many countries around the world have developed their own formal sign language which has transformed the lives of many deaf people. Sign language will be in the National School Curriculum in September 2025.



Members had great fun spelling out their names in the British Fingerspelling Alphabet, of which there is a right-handed and left-handed version, and at the end of Alison's demonstration we had to wave, and not clap.

Our meeting on 2nd October – unfortunately, due to unforeseen circumstances, we did not manage to paint our silk hankie. However, we still enjoyed a sociable, thought-provoking evening of fun organised by our President.

2024/25 Programme below – all meetings take place in Allington Village Hall – 7.30 for a 7.45 pm start. All visitors are most welcome to attend £5.00 fee.

2024

- 6th November Members' Night.
- 4th December Janice Mould '17th Century Christmas.'

2025

- January No Meeting.
- 5th February Colin Deeley 'History of Southwell Workhouse.'
- 5th March Annual Meeting.
- 2nd April Dorothy Gaughan 'Food Bank/How it works.'



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FOSTON - DATES FOR YOUR DIARY

Foston Parish Council Meet in the Village Hall on alternate months. A 15-minute period is set aside at the beginning of each meeting from 7.30 – 7.45pm, please note the meeting will commence at 7.30pm if no residents are present. Confirm with Christina Lees on 01400 281309.

Uniform Groups Meet at the Village Hall

1st Foston Brownies Thursdays 6.30pm - term time only.

Register interest via www.girlguiding.org.uk

Rainbows Thursday 5.00-6.00pm

Church Coffee Mornings. 10am-11.30am on the first Wednesday of the month

Foston Coffee Morning 10am-12noon on the third Wednesday of the month

For Hall Bookings please call Richard Wynn 07579 779087 or Pam Fellows 07740 894605 or email fostonvillagehall2023@gmail.com

Foston Neighbours

Local Lunch at Foston Village Hall, from 11.30am on the second Friday of the month, and Breakfast Club at Foston Village Hall from 9.30am on the fourth Saturday of every month. For more information, please call Foston Neighbours: 07422 881448 fostonneighbours@gmail.com

ST PETER'S FOSTON - NEWS FROM THE PEWS

Do keep an eye on the noticeboard for any changes to services as we are all getting used to our new routine with Rev'd Jon!

Here are our Services over the next couple of months for your diary:

- 10th November 4pm Remembrance Service
- 8th December 3pm Carol Service
- 24th December 4pm, Christingle Service
- 12th January 3pm, Evensong

The Church remains open to all, twice a week for private prayer on Wednesday (1-4 pm) and Sunday (9.30 am - 1pm). Please feel free to use the church for quiet contemplation and prayer.

Look back

Licensing Service (2nd September) – This was a joyous service at St Peter's, Claypole welcomeing Rev'd Jon Speirs-Davies to the two groups of Churches, Saxonwell and Claypole, a group now to be known as Lovdon West. It has been wonderful to get to know Jon and his family over the past few weeks and we look forward to the opportunity to hear more from him in Church over the coming months. We will keep up the warm welcome to him and his family!

Lincolnshire Heritage Weekend – The weather was not kind to us on 7th September, meaning the infamous Tower Tours were off for the day. Whilst we know many were disappointed about that, it was still wonderful to see over 70 people on the day, exploring the heritage of our village through the numerous information boards and heritage objects on display in the church.







Harvest Supper – A wonderful evening was spent on 23rd September sharing a fine spread of food. About 45 people attended and enjoyed good chat along with the wonderful food. Furthermore many donations were contributed which were taken to The Grantham Passage who greatly appreciated them. Thank you to all who participated, contributed and donated food!





Looking forward ...

22nd November, Wine Tasting – This hugely popular evening, hosted by our resident wine buyer, is taking place on 22nd November 2024; doors open at 7pm for a 7.15 start. Tickets are available for a donation (this enables the Church to claim additional gift aid through the tax regime), so contact any PCC member to get yours as numbers are restricted!

7th/8th December, Christmas Tree Festival at the Church.



Book Swap: Lots of books currently available so feel free to browse the books in the church porch, with more inside! Please take as many as you like as there are so many there! Peruse the inside shelves when the Church is open either Sunday mornings (9.30am-1pm) or Wednesday afternoons (1-4pm).



Coffee Morning: Come and join us for chat and homemade cake on the first Wednesday of the month. So many have been attending recently so it is clearly the place to be! (And thank you to you all!) Just £2.50 for all this... At the Village Hall from 10-11.30am on the following dates:

Next dates:

6th November

4th December

Your Help needed!

Are you able to help apply for grant funding? It's a skill which is needed to help keep the Church in good repair and improve its facilities. And anyone with technical building skills / knowledge would also be a huge help to project manage the works required. If so, please contact either Lucy Bliss or Eileen Ross. This will hugely help the PCC as these skillsets don't currently exist in the committee. If you want to see the Church continuing to stand in the middle of the village, we need your help!

And if you can't help with these skills and/or time, we need financial help – we will need to raise funds alongside any grants we are able to secure. If you would like to support St Peter's Church, you can set up either regular giving or one off donations through the following website:

www.parishgiving.org.uk and search for Foston St Peter.

Alternatively use this QR code:

Sadly, finances are needed to keep the Church running – any help is greatly appreciated! For more details for anything listed here, please contact either Jenny Bullock (tel 281611) or Lucy Bliss (mobile 07740 980689, email lucyjanebliss@gmail.com).

ADVERTISING - IN THE PARISH MAG

Full page colour £50 Full page b/w £40 Half page colour £32 Half page b/w £22

Quarter page colour £16

Quarter page b/w £13

Eighth page colour £12

FOSTON WI



Some of our members spent a Saturday morning, at the Syston Park Farm shop and Café, where they enjoyed morning coffee with a selection of homemade cakes. It was a sunny morning, with beautiful views across the fields.

Our meeting in September, was on the South Mercia River Trust, with Gail Talton explaining the situation in rural parts of the Midlands. Their aim of protecting rivers and their related habitats by restoring water quality, engaging with local communities for healthier waterways, with their Trust implementing ambitious projects to meet this goal. River Witham was polluted by sewage 91 times in 2023, which we found most distressing.

At Octobers meeting, Martin Loxley, originally in Aviation, living in France, Belgium and Germany, where he discovered Charcuterie, which was the subject of his talk. In Brittain it was once commonplace, for rural households to keep a pig, so preserving was vital, without refrigiration. This meant salting the meat to create bacon and ham, which became drier and tastier. This tradition disappeared when the industrial revolution came about, forcing people to move into towns and work in factories.

Causing many rural traditions to be lost in the UK, one being charcuterie making. This is now being revived by small charcuterie producers around the country.

Our next meeting is on November 12th – A talk by Tim Coltman, on William Coltman WW1 to VC, Stretcher bearer to VC. An "Open meeting" open to all welcome @ £5.00 for refreshments.

Contact - Carole Chandler-Barratt on 07767 657745 Maggi Challis — Publicity Sept/Oct:2024







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Pneumococcal Vaccine

Patients that are not up to date with their Pneumococcal Vaccinations will receive an invite to make an appointment. Appointments are available for booking every day of the week. Please watch out for your link and remember to book in.



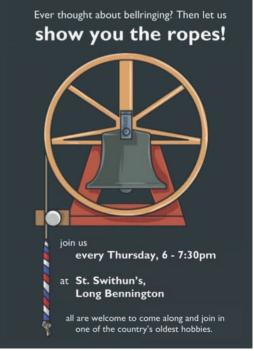
Covid Winter Vaccination

We are now administering Covid vaccinations here at the Medical Centre. We will notify patients who are eligible via a message. Please watch out for your message and for your link to book in.

Well-Being Walks

If you have not joined us before and are free every 3rd Wednesday of the month, then feel free to join us on one of our well-being walks. The next walk is scheduled for Wednesday 20th November 2024 at 11:15am from the Medical Centre. Please ensure you wear the appropriate footwear. Walks will then commence again on the 15th January 2025 at a new time of 10:45am.





Long Bennington - REGULAR DATES FOR YOUR DIARY

(Please also see Village Hall Schedule)

Mobile Library Service

Outside Long Bennington Village Hall Friday - 1330 - 1430. Enquiries to Customer Service Centre on 01522 782010 or www.lincolnshire.gov.uk **Tea-n-Chat** - last Friday of every month (except August). July event Friday 26th.

Long Bennington Coffee Morning

The Reindeer every Thursday at 10.30am. Coffee/tea and biscuits £3. All welcome.

Methodist Coffee Morning Please join us every 3rd Saturday in the month, in the Methodist Chapel for coffee, cake and a chat.

The Chatty Café

Meeting every Thursday afternoon 2-3pm in Baker's at Sixty-Two – Main Road, Long Bennington. The Scheme is a national initiative aiming to reduce loneliness by getting people chatting. The group is hosted by two Chatty Cafe Scheme volunteers each week. Contact Mary Barlow marybarlowhello@gmail.com or tel: 07885 639091

Long Bennington Afternoon House Group—All are welcome. We meet alternate Mondays at 2.30pm at 76 Main Road. For more details please contact Joy Jordan on 01400 281355.

Book and Card/Gift Stall

Second Sunday each month there will be a stall in St Swithun's church, selling books, cards and small gifts, run by Helen Baker from Claypole. Come and have a look for that special card or an uplifting spiritual book and have a chat and coffee/biscuits around 11.30am to 12 noon (following the 10.30 service).

Long Bennington Pre-School A registered charity offering a safe, secure and warm environment to educate your child. Qualified, experienced staff will support your child to reach their full potential. Based in the small hall at Long Bennington Village Hall we are open Monday to Fri- day 9.00am - 3.15pm during term time. Funding is available for all 3-& 4-year-olds including the FREE 30 hours offered to those who are eligible. 15 hours funding also available for eligible 2-year-olds, alternatively it is £4.5 per hour for fee paying paents. For more information or to arrange a visit call Julie on 07816 537242 or email longbenningtonpreschool@googlemail.com



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Long Bennington - Village Hall

When	Class/Meeting	Time	Hall	Contact
Mons	Advanced Pilates	10:30-11:30	Main	Linda Brady 07850 618516
Mons	Beginner/intermediate Pilates	11:45-12:45	Main	Linda Brady 07850 618516
1st Mon mthly	Parish Council	19:00-21:00	Small	Jane Evans 01400 282716
2 nd & 4 th Mon	Rotary Club	19:00-20:00	Bar	secretaryLBR@oulook.com
Tues weekly	Bennington Art Group	10:00-12:00	Foyer	Margaret Butcher 01400 281935
1st Tues mthly	WI	19:30 -21:00	Main	M Butcher 01400 281935
4 th Tue monthly	Gardening Club	19:30 -21:00	Main	Amy Hodson amyhodson4@gmail.com
Weds	Post Office	09:00 -12:00	Foyer	
Thurs	Post Office	13:00 -15:00	Foyer	
Thurs weekly	Adult Pilates Suitable for all levels	17:15 -18:15 18:30 -19:30	Main	Amanda 07967387969 https://www.corestrengthpilate uk.com
Fri weekly	Adult Pilates -all levels	09:30 -10:30	Main	Amanda, As Above
1st & 3rd Fri mthly	WI craft group	1030 - 12:30	Bar	Sue Clarke 01400 282986
Last Fri mthly	Tea and Chat	14:00-16:00	Main	Hilda Owen 01400 282471 ejanecowley@aol.com
Sunday 3 rd Nov Sunday 1 st Dec	Electric Jive Tea Dance	15:00-19:00	Main	Sally 07730269969 theTramp@justAbeginner.com
Weds 6 th Nov	Fashion show	19.00-22.00	Main/ Bar	Tickets just £5.00 from https://www.ticketsource.co.uk/ ong-bennington-village-hall Or at some Post Office Outreach times
Tue 12th Nov	Wine Club	19.00-21.00	Bar	Raj Solanki <u>raj@libradrinks.co.u</u>
Sun17 th Nov	Eclectic Soul Sunday	17.00-21.00	Main, Bar	Avril Breheny avrilenergy@gmail.com 07831 113121
Tues 26 th Nov	Gardening Club	19.00 -22.00	Main	Amy Hodson amyhodson4@gmail.com 01400 282239
Sat 30th Nov	Christmas Light Switch on	13.30-17.30	All	Village Event -refreshments, stalls, Light Switch on circa 16.4

Help Needed

If you are a resident of Long Bennington and would like to ensure the future stability and indeed, the existence of the hall, you would be warmly welcomed to join us. Without more active volunteers, we will be severely limited in the number of events for the village and surrounding areas we can support.

We meet once per month for a couple of hours. Call us on 07816 267 927 or email us at bookings@longbenningtonvillagehall.org if you are interested. For more information on the Hall visit our website:-

www.longbenningtonvillagehall.org and/or join our Facebook page:- Long Bennington Village Hall (aka St James Hall) https://www.facebook.com/groups/820082729967125

Remembrance Commemoration

Sunday 10th November 2024

Remembrance Service in the Methodist Chapel at 10:15am.

Wreath Laying Ceremony in the Memorial Gardens at 10:50am.

Please come and join us to remember the fallen in conflicts past and present.





Santa's Sleigh

Santa is on his way to tour Long Bennington, but there will be no knock-on-door collection again this year; however, please come out and meet Santa on his rounds!

Approximate timings:

Saturday 141h December Sunday 15th December Whitakers 4.30pm Fish and Chip Shop 4.30pm Riverview 5.00pm Reindeer 5.00pm Motor Care 6.00pm Drury Park 6.15pm Manor Drive 6.45pm The Pastures 7.00pm

Santa will also visit: Foston: Saturday 7th December, from 4.30pm. Sharricks Fish Bar: Thursday 19th December, from 5.00pm.

A donation can be made using the buckets held by the helpers or using the Saxonwell Churches Just Giving QR code. Donations to be divided between St Swithun's Church, Long Bennington Pre-School, and Long Bennington Rotary Club.

Thank you.



LONG BENNINGTON CHRISTMAS LIGHT SWITCH ON

SATURDAY 30TH NOVEMBER 2024

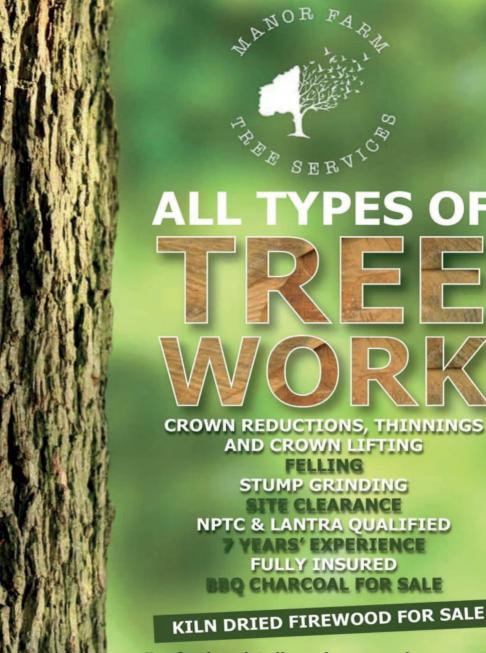
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LONG BENNINGTON NEWS FROM THE PEWS

Church Locked For Winter

From 1st October we have discontinued opening the church for the winter months. Thank you to the team of volunteers who opened and locked the church each day since Easter, to allow access to anyone who wished to spend some quiet time or to see and read about the history of our lovely church.

Churchyard Pre-Winter Clear-up - A Big Thank-you



A big thank you to the group of around 30 people who came to St Swithun's on Sunday 6th October at 2pm to help with a tidy-up of the churchyard. In particular, we would like to thank Scout leader, Les Roman and 11 scouts for moving all the felled branches and various other jobs they were given.

Also, many thanks to Jackie Angus and Sara Church from the Rotary Club for contacting the scouts and also getting together a group of Rotarians to help on the day. We also had a several church members pruning roses and weeding.

With so many of us, we managed to get a lot done and the churchyard is now looking very tidy for the winter months.



Many thanks to all of you - both individuals and local organisations (including the Parish Council, Co-op and Rotary Club) - who support our village church through your giving and donations. Thank-you also to those who sponsor or support our sociable fund-raising events — which we aim to make enjoyable for all attending. Many may not realise but these are the main ways we fund church mission, building repairs and all our running costs, including churchyard maintenance. The only other money received comes from special service fees (weddings and funerals).

We get no funding from anywhere else – unless we are fortunate enough to be successful in applying for grants for specific major repairs and these are increasingly difficult to achieve.

We are always grateful for donations, no matter how small - either single or regular ones. Under the government's Gift Aid Small Donation Scheme (GASDS) we can claim 25% gift aid on a certain number each year of cash or card donations up to £30 without Gift Aid declarations – which is also helpful. So, look out for our new card machine in church – which is easy to use for contactless donations. These are other ways you can donate:

By online bank transfer: Account Number: 50110357 Sort Code: 05-04-42

Through our 'Give a Little' page (see QR Code)
By cheque addressed to: Long Bennington PC

Dates for your Diary

Dec 14th - Grantham Choral Society Christmas Concert.

Dec 22nd - 10.30am Carol Service





Light it up!



I love driving along and seeing our local churches (Foston and Sedgebrook) lit up, as a visible reminder of God's presence in our community.

For just £7 you can have the church floodlit for an evening (8-11pm) of your choice. This might be to celebrate a birthday, celebration, or to remember someone.

Foston please contact: Lucy Bliss 01400 282661 For Sedgebrook please contact: Jenny Stuart 01949 842231

ROTARY CLUB

Rotary Club of Long Bennington and surrounding villages
Rotary works with its community. Combining with Foston Scou

Rotary works with its community. Combining with Foston Scouts and the congregation at St Swithun's we worked to clear up the wilder parts of the churchyard. The result is one to be proud of for the village.







Scouts working hard to clear beds

Church and rotary members working hard to clear overgrowth

Christmas Extravaganza

Sat 30 Nov 1:30-5:45pm, at the Long Bennington Village Hall: Dozens of local stalls, school carols, Christmas lights switch on & great value bar!



Long Bennington and surrounding villages Rotary Club have received some great votes of thanks that we would like to share with you all. Here is just a small selection of those received so far this year:





In total, the Club raised an astounding £11,000 and very kindly gifted St Barnabas £2399,54! Huge thanks to the Rotary Club for their generosity and for organizing such a magnificent family fundraiser

games stall, which the kids loved!



email: hello@lbrotary.co.uk website: LBrotary.co.uk

Our Membership Drive: We are always on the hunt for new ventures in LB as well as looking for opportunities in our surrounding villages. What have we missed that you can put forward?

We are inclusive of all ages, genders, family status, occupation or none, with a fully flexible approach to contribution of your time.

LONG BENNINGTON WI



Long Bennington WI have had an active summer, with our annual trip out, this time to Skipton in North Yorkshire, a beautiful market town, where some shopping and a boat trip, along with afternoon tea, was enjoyed.

Garden parties were also held, so everyone could meet up for a chat over tea and cakes (or something a little stronger).

At our September meeting we held a Feely Bag competition, where 50 very small cloth bags filled with various items, such as a paper clip, raw plug and a stock cube. These were passed round for us to guess the contents – great fun as one person's nail was another's golf tee. Prizes were awarded to the eventual winners, and we all had some sweet treats to share.

At our October meeting we enjoyed the game of Kurling, under the guidance of Beryl Northcote from Nottinghamshire WI Federation, who supplied the game. 20 of us took part and although it was harder than it looked, it was great fun trying to reach the target. It was a lively evening on a cold, wet Autumnal one – warmed us up a treat.

Our next meeting will be held on 5th November and is our 106th Birthday Night, where we will enjoy a buffet and a cookery demonstration by Linda Hewett, entitled "The Joy of Tarts".

If you would like to know more about our friendly WI, please contact Margaret Butcher on 01400 281935. Elaine Walton - Publicity



BEAT THE SCAMMERS

Let's look this month at the requests from banks to provide a second level of security. When we make online payments, we are often being asked to confirm the payment by obtaining a code which is emailed/texted to us, or by going in the relevant bank app and confirm the payment.

If a scammer gets hold of our phone and payment cards, they can take, the generally unsecured SIM card, out of our phone and put it in theirs. The text message with the confirmation code is now send to their phone and the scammer can have fun spending our money.

- Tip 1: Please do not keep your mobile phone and credit/debit cards in the same place when out and about.
- Tip 2: Why we all are guilty of using the same password for many accounts, please
 make sure you use a unique and complex one for your payment cards and
 financial accounts.

LONG BENNINGTON PARISH COUNCIL

GENERAL UPKEEP – the Parish Council has recently arranged for the pruning and crown

The Parish Council had its last meeting on 7th October at St James's Hall.

lifting of a horse chestnut tree on the corner of Manor Drive/Main Road. Also some of the trees in the large verge on main Road have had crown lifts. The hedges at the Memorial Gardens have been cut (thanks to Geoff Fearn for sorting that!) and they will be tidied further along with the shrub beds ahead of the Remembrance Service. The tree on the entrance to the Memorial Gardens will also have some work done to keep it healthy and reduce the branches currently causing some obstructions. I would like to invite all residents to report any issues you have with obstructions on the footpaths in village and please consider whether your own hedges and trees need to be cut back if they are overhanging the footpath.

FLOOD ALLEVIATION - Following the completion of the flood alleviation scheme within the northern section of Long Bennington, LCC have continued investigations and feasibility regarding the properties also facing surface water issues within the area of Main Road outside the primary school. The Parish Council has now been advised that LCC have developed a scheme that has gone out to tender with the expectation that the works will be delivered early 2025.

We are obviously aware that there were properties affected along Church Street which may not directly benefit from the proposed works, as we are aware that these properties were impacted from fluvial flooding as a result of the River Witham and the Ease Drain overtopping during Storm Babet/Henk. The Parish Council is aware that Property Flood Resilience measures are being explored by LCC for these properties as well as working with the Environment Agency, Anglian Water and Upper Witham Internal Drainage Board to see if there are wider solutions to help prevent future flooding incidents.

Following Parish Council meeting dates and Monday 4th November and Monday 2nd December 2024.
As always, if you have any issues or concerns you wish to raise with the Parish Council,

please contact me on 01400 282716 or email parishclerk@longbenningtonparishcouncil.org Jane Evans Parish Clerk

LONG BENNINGTON GARDENING CLUB (VPA)

Thank you to everyone who took part in our Summer Show in September - another wonderful display of flowers, vegetables, baking, art and everything else which made the Village Hall light up with wonderful things to see and smell! And if you came we hope you enjoyed the talk by Debbie Cooke also in September - full of brilliant tips on encouraging wildlife in your garden - I hope there are some dustbin lid ponds appearing in the area!

Our next meeting is a must for anyone who wants to learn more about growing vegetables and displaying them at Shows - ready for next year's Show in September maybe! We are hosting Simon Smith on Tuesday 22 October at 7.30pm at the Village Hall; he has over 30 years of experience of growing vegetables - including growing a carrot over 4ft long! - and has won lots of prizes including at national level.

Lots of other information about the Club is available on our website at longbenningtongardeningclub.com Bev Gledhill – Secretary 01400 282239/07753 709513



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LONG BENNINGTON METHODIST CHAPEL

Dear friends,

As I sit to write to you, I'm aware that the days (and particularly the mornings) are getting colder, and we are less than two weeks from the night the clocks change. Autumn is half gone and I wonder where I was and What I was doing while that happened! I am continually astonished at how quickly time seems to be passing, and how that passage seems to accelerate week by week, year by year.



Autumn always serves to make me reflective and in a way, I seem to find myself feeling melancholy. It could be Seasonal Affective Disorder (SAD), I suppose — other members of my family definitely have a discernible reaction to the drop in Serotonin levels in the body. Perhaps it's the hibernation instinct kicking in — at the end of a natural cycle of seasons, being ready to slow down, rest and recuperate from the year's labour and be in a place to start over again in the spring.

That, of course, isn't the life we generally live. The industrial revolution changed our work, leisure and social patterns, making us components in a machine-time world, and now we are in the digital age, it seems that counting time in nanoseconds gives us little pause for breath in the fast-flowing tide of information. We don't seem to have time enough to fully experience our days and we don't have time enough to create and store our memories, We lose the significance of events and we are rushed from one thing to another in a way that makes it hard for us to remember.

For remembering is not simply a mater of recall. Remembering is about putting our memories, feelings, experiences and reactions to life together in such a way that we become more whole, more together, more integrated.

The first creation story in the Bible introduces us to a rhythm of work and Sabbath. Work six days, breathe on one. Make the most of your opportunities but make space to rest, to reflect and to recover. Fulfil your responsibilities but take time to remember that you are not in charge of the universe. Take time to shape your life and work but leave time to let God be God.

Perhaps, if we can insert some of that time into our full lives, we will find perspective and wisdom that helps to do what needs to be done, and to discern what we can happily leave undone. If we can, we may find ourselves living with a deeper sense of peace and a greater sense of purpose, and therefore in away that is more fulfilling, more satisfying.

Grace and peace,

David H. Bonny

WHAT'S HAPPENING AT THE METHODIST CHAPEL?

Sunday Services

All services can be viewed on the notice board outside the Chapel. All our services start at 10.30am unless otherwise notified. Everyone is welcome.

Carol Service

This year's Christmas Carol Service will be on Sunday 15th December starting at 3:00pm, everyone is welcome to attend. Tea / Coffee & Mince Pies will be served after the service.

Knitting / Craft Group

Anyone interested in knitting, sewing, embroidery etc. would be very welcome to come along on a Monday morning from 10.30am to mid-day. There is a nominal entry fee of £2.50 to cover the heating costs and refreshments.

Games Afternoon

Are you looking for a little fun, come and join us on the 2nd and 4th Wednesday of each month when we get together to play board games and have tea (or coffee) and chat. We are always looking to welcome new participants so if you have a competitive streak we look forward to seeing you. There is a nominal entry fee of £2.50 to cover the heating costs and refreshments. Activities start at 2.00pm

Coffee Mornings

Our next Coffee Morning will be held on Saturday 16th November, starting at 10am so come along and join us when there will be homemade cakes for sale, a raffle and wonderful Nearly New Stall which is always full of exciting items and great gift opportunities. Entry costs £2.50 for bottomless tea or coffee and plenty of biscuits.

Advance notice: The Coffee morning for December will be start at 10am as usual on Saturday 14th December.

Food Bank - Newark

Here at Long Bennington Methodist Chapel and in conjunction with other chapels in the local circuit, we support the work of The Trussell Trust and their Food Bank initiative to 'Stop UK Hunger'.

If you would like to make a donation of non-perishable, in-date food, please bring it along to any of our monthly coffee mornings and we will be pleased to make sure it gets to those in need in the Newark area through the local Food Bank branch



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SEDGEBROOK SOCIAL CLUB REGULAR DATES FOR YOUR DIARY

Rainbows/Brownies: Mondays, 5.00pm/6.30pm Knit and Natter: Tuesdays, 2.00pm-4.00pm RuffDiamonds Dog Training: Tuesdays, 6.00pm RuffDiamonds Dog Training: Wednesdays, 6.00pm

Pilates with Alice: Thursdays, 7.30pm (except dates below)

Parish Council Meetings 7.00 pm, 14th November.

Club Bar Open: Fridays 6.00pm til close

RuffDiamonds Dog Training: Saturdays 10.30am

Club Bar Open: Sundays 1.00pm-4.00pm

Heritage Group Meetings: Sundays Monthly at 3.00pm on the 4th Sunday in the Church.

Membership Fee for 2024 is £15 per person. (Under 18s free)

We are always looking for new committee members, if you are able to help, please let us know.

The club is available for hire for private parties, social gatherings and regular events. Please contact Alan Cook Mob.07963553835 email sedgebrooksocialclub@hotmail.co.uk

ST LAWRENCE SEDGEBROOK – NEWS FROM THE PEWS

Church and Museum open daily 10am-4pm

Heritage Group meets monthly 4th Sunday in the Church 4pm

Community Library and Jigsaws, Recycling for aluminium cans and ink cartridges

Monthly Lively Church, Monthly Morning Prayer

Grantham Food Bank collecting point

Teddy Bear's Picnic Children's Book set in St Lawrence Church available for £5 per copy

LEGO CHALLENGE CHAMPIONS - The winners of the summer holiday Lego Challenge "The Church I Would Like to See" were Elisabeth Carnell in the adult category and Archie Tipton. Both received a £10 prize and certificate.

MARIE CURIE AFTERNOON TEA – We were delighted to smash last year's result of £155 to raise £300 for Marie Curie Cancer Care. We would like to thank all those who gave so generously.



HARVEST FESTIVAL AND LUNCH

A joint service was held with Allington and was followed by a light lunch .The collection and sale of fresh produce raised around £100 for Grantham Poverty Action along with tinned foods and toiletries etc.

REMEMBRANCE SUNDAY SERVICE – Sunday 10th November 10.30 Act of Remembrance and special Museum display

GROUP SERVICE – St Lawrence Sedgebrook enjoyed hosting the first Group Service with Revd. Jon and his family. Refreshments followed the service to allow time to chat with Rev'd Jon and family.

CAROLS ON THE GREEN Saturday 7th December 6pm

Illuminated church, mulled wine and mince pies and we are hoping for a visit from Santa and the illuminated tractor. There will be a collection towards the cost of the Christmas Tree on the Green.

TEDDY BEAR'S PICNIC BOOK – a delightful Christmas Gift, set in St Lawrence Church,

Sedgebrook. Available from the church at £5.

200 Club Winners September

1st Prize 215 Linda/Richard Goodger 2nd Prize 138 Charlotte Morcom 3rd Prize 175 Francesca Robinson

10.30 Services in November at St Lawrence, Sedgebrook:

Sunday 10th November Remembrance Sunday Service Sunday 17th November Joint Holy Communion with Allington 10.30 Sunday 24th November Lively Church – Christmas is Coming

Here is the QR code for the Parish Giving Scheme. It can be used for one off payments or setting up regular donations. Once scanned it will take you through the 3 steps to enable a donation to be made.





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Retired Priest Rev. Stella Langdon-Davies

Authorised Lay Ministers Sylvia Andrews, Joy Jordan and Colin Sedgewick

Administrator Davina Tyler lovedenwest@gmail.com

CHURCH CONTACTS

St Swithun's, Long Bennington Church Warden Bridget Rosewell 07836 215181 Treasurer Jane Cowley 01400 282691 Church Flowers Beryl Holmes 01400 281437 Safeguarding Officer Eileen Ross 01400 281932

St Peter's Foston Church Warden/Treasurer Andrew Blanchard 01476 979515 Safeguarding Officer Eileen Ross 01400 281932

Holy Trinity Allington Church Warden Chris Dicken 01400 281524 Treasurer Bob McKinlay 01400 281671 Safeguarding Officer Marian Hubbard 01400 281496 Flowers Jill Storer/Linda Rycroft 283542/281516

St Lawrence Sedgebrook Church Warden Alan Cook 07963553835 Safeguarding Officer Wendy Fowler wendyfowler@btinternet.com mob. 07747022272.

Treasurer Ian McKay 01949 843691 Flowers Geraldine Statham glendogs@aol.com

Long Bennington Methodist Chapel Steward Eileen Eggleston 07531 160197 Treasurer Kathryn Wood 01400 281489

COMMUNITY CONTACTS

Parish Council Clerks

Jane Evans (Long Bennington) parishclerk@longbenningtonparishcouncil.org Mon 10:30-12:30 at Village Hall Tel:01400 282716
James Stanley (Foston) clerk@fostonpc-lincs.org 01522 889737
Jane Morton (Allington) parish.clerk@allingtonpc.org.uk
Jane Bratton (Sedgebrook) clerksedgebrook@gmail.com 01476 577175
Ted Bates (Chair) Long Bennington Charities 01400 281853

Village Halls: Booking Secretaries

Allington— Heather Nuthall Secretary - secretary.allingtonvillagehall@gmail.com Bookings - bookings.allingtonvillagehall@gmail.com
Foston— Pam Fellows -07740 894605 email fostonvillagehall2023@gmail.com or Richard Wynn 07579 779087 email fostonvillagehall2023@gmail.com Long Bennington—Longbenningtonvillagehall.org.uk—07816 267927 Sedgebrook—Alan Cook— 07963553835

Other Useful Contacts

Long Bennington Medical Centre- 01400 281220
Foston book group Lucy Bliss - lucy.painter@opalhr.co.uk—01400 282661
Long Bennington book group—Moire Barnabas - 01400 283313
Long Bennington & Local Villages Rotary Group SecretaryLBR@outlook.com
Long Bennington Girl Guides—Mon 7pm-8.30pm—www.girlguiding.org.uk
1st Foston Brownies Thursdays - 6.30pm - 1stfostonbrowines20@gmail.com
Village Hall

Rainbows Thursdays - 5-6pm 1stfostonrainbows20@gmail.com—Village Hall Scout Group Gorrie Hall, Chapel Lane, Foston

Beaver Scouts Mondays- 6:30-7:30pm Adam Lashbrook

foston.beavers@gmail.com

Club Scouts Wednesdays—6:30-8pm—Claire Collier 01636 626097

Scouts Thursdays—7-9pm—Les Romans 01400 281217

Explorer Scouts -Mondays—7:45-9:30pm—Jenny Wyn 01400 282301

Women's Institute: (each meet monthly in their local village hall)

Allington—1st Wed 7:45pm—Margaret Dicken— 01400 281524 Foston—2nd Tuesday 7:30pm—Carole Chandler-Barratt- 07767 657745Long Bennington—1st Tuesday 7:30pm—Margaret Butcher- 01400 281935 Email: margaret23butcher@btinternet.com

LB Playing Fields: Booking Manager—Gemma Walker—07946 176034 Management Committee—Mike Manley—01400 282731 Long Bennington Toddler Group—Becca Thirtle—07545 491267

Long Bennington Pre-School—longbenningtonpreschool@googlemail.com 07816 537242

Bowls Club—Peter Fordham—07701059943 email nettyfordham@gmail.com Friendship Group—Nicola Thorpe—07904 182752

Junior Football Club—Steve Rowley—07909 857441

Twinning Association—Margaret Butcher – 01400 281935

Village Produce Association—Bev Gledhill—01400 282239hello@lbrotary.co.uk

Writing Group—Shirley Lynn—07726 334280

LB Rotary Club- hello@lbrotary.co.ukFoston Neighbours - 07422 881448 fostonneighbours@gmail.com





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